

NHLCA DRILL OF THE MONTH

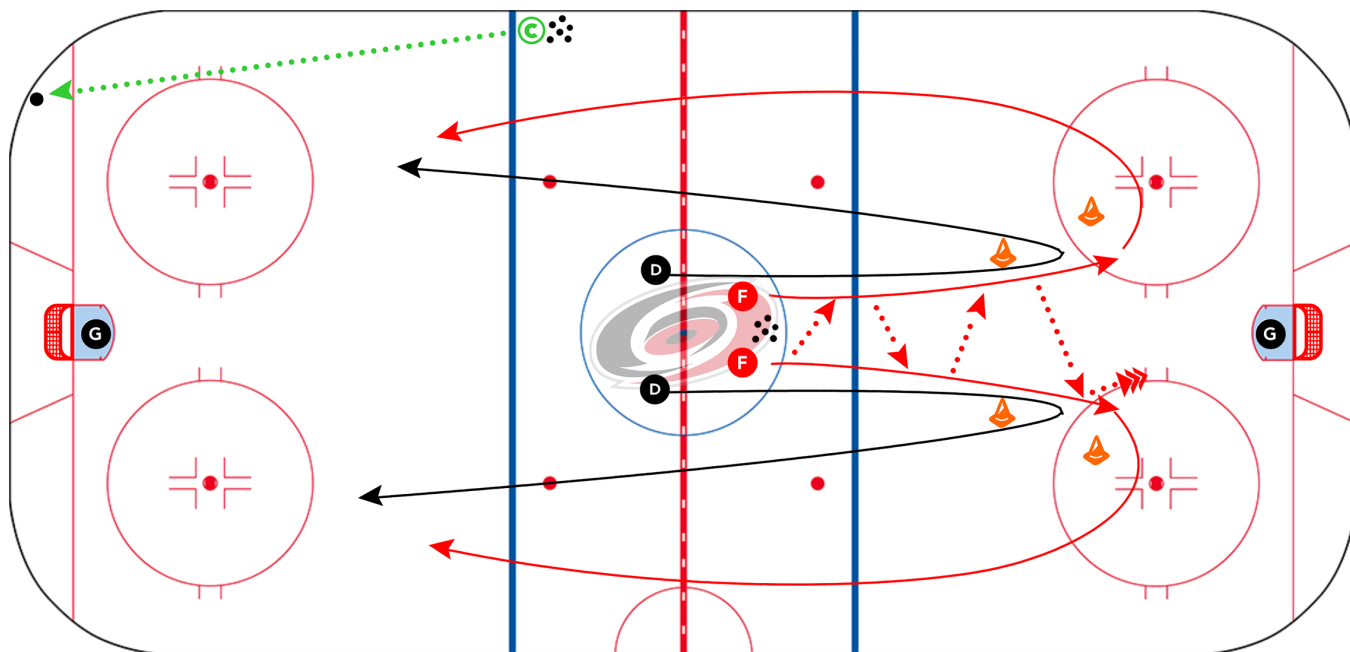
OCTOBER 2021

CAROLINA 2 VS 2

Category: Warm-Up

Team: Carolina Hurricanes

- Description:**
- Forwards touch pass then shoot on goalie with defence following.
 - **D** and **F**s curl around cones and race up ice. Coach will lay a puck out for 2 vs 2 in the zone.
 - Play it out. If the defence wins the puck, they have to skate it out of the zone.



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